

At Home with 4-H

4-H Alberta is continuing to create resources and explore ways for our members, volunteers, stakeholders to feel supported by our organization.

Please check out [At Home with 4-H](#) – a web page full of fun, simple and educational activities for 4-H members to do while social distancing practices are in effect. What a great time to build a bird feeder, make some yummy yogurt pops, or delve into the world of science. We will frequently add new and exciting activities so be sure to return to this page often!

Staff and volunteers are also working very hard on program planning opportunities so when the in-person suspension is lifted 4-H will hit the ground running! **For a sneak peek on all the fun learning activities that are currently available scroll down to bottom page.**

4-H Alberta Beef Heifer Show Announcement

Attention 4-H Beef Members! The 4-H Alberta Beef Heifer Show committee is working to find a way for you to participate in a virtual event! The committee is exploring options for a conformation show, judging competition and knowledge challenge. Keep your eyes peeled!

Alberta Agriculture and Forestry's 4-H Hall of Fame

The Alberta Agriculture and Forestry's 4-H Hall of Fame honours Albertans who have made exceptional contributions to the 4-H programming this province through outstanding leadership and/or have made a significant impact on 4-H youth and/or leaders. Groups or individuals are invited to submit a nomination by 4:00 p.m. on August 1. Please click [here](#) to view criteria and the application.

Virtual Meetings

Due to the suspension of in-person activities 4-H clubs have had find alternatives to stay connected. Platforms like Zoom have proven so valuable in keeping 4-H clubs active. However, with any virtual platform, there are some way to ensure you stay 'internet' safe. Consider the following:

- only share the virtual meeting links directly with those invited (i.e. do not post on Facebook)
- by having a paid account, you should be able to add a password for security. The users would require it to enter the meeting.
- enable the "waiting" room feature to ensure only the leader can open the meeting for all
- only allow the leader to have control of sharing their screen
- leader should end the meeting for all participants and ensure all have exited
- when notified by Zoom, install the latest security patches

4-H Canada Scholarships

The following scholarship opportunities are available to 4-H members pursuing post-secondary education.

4-H Canada Leadership Excellence Awards of Distinction (L.E.A.D.): Through the generosity of CN, four scholarships – with an overall value of \$20,000 each over four years – are available to 4-H members who have demonstrated personal values, leadership and community involvement within one of 4-H's Leadership Development Pillars.

Coca-Cola 4-H Post-Secondary Education Scholarship: Through the generosity of The Coca-Cola Foundation, 60 scholarships – valued at \$1,000 each – are available to 4-H members across Canada pursuing post-secondary education in the 2020-2021 academic year.

John Deere Canada 4-H Scholarships: Through the generosity of John Deere Canada, 12 scholarships – valued at \$1,000 each – are available to 4-H members across Canada. Opportunities such as this help support 4-H members who will pursue post-secondary education at a Canadian college or university in a degree, certificate or trade-based program.

TD 4-H Agriculture Scholarships: Through the generosity of TD Bank Group, 12 \$2,500 scholarships are available to 4-H members who are pursuing post-secondary education in agriculture, ag-science or agri-business at a Canadian university or college in September 2020.

Canadian Co-operative Wool Growers 4-H Scholarships: Through the generosity of the Canadian Co-operative Wool Growers, two scholarships - each valued at \$500 – are available to 4-H members planning to attend a Canadian university or college in September 2020 in an agriculture-based program, ideally with a focus on sheep related studies.

Scholarship applications remain open until May 31, 2020. Full scholarship details are available at 4-h-canada.ca/scholarships, and applications can be submitted at apply.4-h-canada.ca.

4-H Alberta Events & Opportunities

All in-person 4-H sanctioned event and activities have been suspended until September 30. For more information please visit <http://4h.ab.ca/About/COVID-19.html>.

4-H Canada Events & Opportunities

Please visit 4-H Canada's [website](#) for an update on the suspension of their programs and events due to COVID-19.

Other Events & Opportunities

Check back next month.

Connect with @4halberta on Social Media



At Home with 4-H

Outreach Programming for 4-H Alberta Members and Leaders

4-H Alberta is continuing to create resources and explore ways for our members, volunteers, stakeholders to feel supported by our organization.

Please check out At Home with 4-H – a web page full of fun, simple and educational activities for 4-H members to do while social distancing practices are in effect. What a great time to build a bird feeder, make some yummy yogurt pops, or delve into the world of science. We will frequently add new and exciting activities so be sure to return to this page often! Check out these fun activities by visiting our [At Home with 4-H](#) web page.

Clever Kids

- Enjoy EGGperiments!
- Enjoy EGGtivities with these egg carton crafts!
- A recipe for soup any BUNNY will enjoy! (thank you Company's Coming)
- A recipe EGGheads! (thank you Company's Coming)

Livestock

- Beef: Animal Husbandry
- Beef: Breeding Management
- Beef: Production Management
- Beef: Marketing and Economics
- Equine: Create your Own Jump Class
- Equine: Create your Own Trail Horse Class
- Equine: 4-H Horsemanship Video
- Equine: Word Search Activity
- Photographing Your 4-H Project Animal
- Sheep: 4-H Sheep Project Guide Activities
- Sheep: 4-H Sheep Project Guide Puzzles

Hands On Fun Activities

- Build a Bird Feeder
- Invisible Ink (thank you Telus World of Science)
- Get Tongue Tied

Leadership

- Leadership Module: Brainstorming
- Building your Support System
- Can you Spot Positive Youth Development in Action?
- Introduction to Mental Health
- Youth Adult Partnerships

SALTT (Small Animals, Life Skills, Technology and Trade) focused

- Bouncing Eggs (thank you Telus World of Science)
- Build Your Own Travelling Seeds
- Big Soft Pretzels Recipe
- Let's Make Egg Muffins!
- Colourful Pheasants
- Fun Fruit Kabobs
- Goats: Let's Get Educated
- A 4-H Camp Treat: Ice Cream in a Bag
- Make Your Own Seed Tape
- Visual Arts Fun!
- Get Creative with Salt Dough
- Yummy Yogurt Pops

4-H Not on Parade Clothing Now Available (limited time)

Each year the Calgary Stampede and the Calgary Region host **4-H on Parade**, welcoming over 500 members from all 4-H projects in the Calgary Region. As with many events this year, 4-H on Parade will not be hosted, but the Calgary Region has decided to continue with its clothing order. The clothing order is open to the whole province and is an opportunity for 4-H'ers and their families to connect with some fun clothing pieces to commemorate the 2020 4-H experience. This is not a fundraiser but more just a way to try and bring smiles to faces.

You can find the clothing items that are for sale along with the order form [here](#). When ordering, please use one line per family and submit orders as a group to assist with shipping across the province. Check out some this cool apparel.



Connect with @4halberta on Social Media



Leader & Volunteer Screening

BE KEEN! SCREEN 4 GREEN!

Screening is required for all adults working in any positions of trust within 4-H Alberta. Did you complete volunteer / leader screening? If so, thank you! You are the best! If not, then please go ahead and do it now. We are still open.

Screening and training for 4-H Alberta leaders and volunteers carries on and we encourage you to complete all screening and training components now. Although there is a deadline near the start of each 4-H year, screening may proceed year-round and now is a fine time for our valuable volunteers to be proactive and complete the online screening components as well as all online training.

Leaders and volunteers can download the [Tip Sheet for Leaders & Volunteers](#). It helps you to navigate the 4-H Alberta Online Registration System where you can update your profile, check on your screening progress, register for programs, and more. If you note that your references did not all respond, the tip sheet shows you how to send out the reference link. Another helpful, downloadable document is the [Leader Screening Instructions and Tips](#) sheet. If you can't find your log in data, have questions, need a current police check letter or assistance of any sort, please email leaderscreening@4hab.com or call Bernadette directly at 780-898-3037.

Thank you for being diligent and for working together with all of us in 4-H Alberta to provide superior, safe programming and meaningful mentorship to our 4-H youth!

Commit to Kids Training for Leaders & Volunteers

Commit to Kids training is required for all adults working in any positions of trust within 4-H Alberta. Did you complete Commit to Kids training? If so, thank you!! You rock! If not, then please go ahead and do it all now. Online training is still open.

In partnership with 4-H Canada, 4-H Alberta offers key training in **Abuse Prevention and Duty to Report**. The training is now **mandatory** for all 4-H Alberta staff, leaders and board members and must be completed in addition to the screening process. We encourage every leader and volunteer to access this training now if you have not already done so. The training is optional for volunteers but is strongly encouraged. We invite you to participate now to increase your awareness and to learn how to take a proactive role in ensuring that our 4-H children and youth remain safe and protected. **The training is free** to all 4-H volunteers, leaders, staff and board members. Commit to Kids training becomes mandatory across Canada in May, 2021.

4-H Alberta and 4-H Canada share a priority to ensure that all children and youth who participate in 4-H programs and activities are safe and protected from harm. Commit to Kids is a program that helps organizations create safe environments for children. It provides policies, strategies, and step-by-step plans for reducing the risk of child sexual abuse, encouraging organizations to take an active, participatory role in protecting children in their care. Commit to Kids was developed by the [Canadian Centre for Child Protection](#). The online training provides best practices to increase the personal safety of children and youth.

Commit to Kids training has already been completed by many and successful completion of the training is recorded in leaders' and volunteers' profiles in the online registration system. Right now, leaders and volunteers can find further details and instructions for accessing the training via the 4h.ab.ca website and can download detailed instructions [here](#). For more information, contact Susann Stone at susann.stone@4hab.com or 780-898-4223. More training notifications coming soon!

Cleaver Kids at Home!

Did you receive a copy of the April Cleaver Kids At Home Newsletter? You can find the fun activities we highlighted in the newsletter on the website on the "At Home with 4-H" page: http://www.4h.ab.ca/About/At_Home_with_4-H.html.

If you want a copy of the newsletter, let us know and we will send it out to you. For April, we featured eggivities and eggsperiments you can do with items that you may have at home. You need not shop for supplies. We also shared some easy, tasty recipes for you to try! These activities are not mandatory, just opportunities to try something new. 4-H Leaders may facilitate the activities through digital platforms if they are able. We also ask that Leaders share this with Cleaver Kids in your club via email as not all have emails listed in their online registration system profiles.

We encourage you to take photos of finished activities and share them with us. By sending these photos, you are also providing us permission to use the photos and share with fellow 4-H members and 4-H sponsors in Alberta via social media or the website. Be sure to include your name and club name with the photo. Also, please share ideas and other activities that Cleaver Kids have completed or are working on.

Look forward to more Cleaver Kids fun each month! At any time, if you have questions or would like to enhance your Cleaver Kids Club plan, please reach out to Susann.stone@4hab.com or 780-898-4223.

Check out some of the entries for the April 2020 Colour Cleaver Contest!

4-H Alberta Store News & Offers

Do you have one of our 4-H AB Store gift cards? NOW is the best time ever to cash it in!!



In May you can cash in your gift card for some great 4-H green merchandise and shipping will be just \$5! (Okay, it isn't all green, but it is all 4-H AB branded!) This will apply for most, if not all, orders; the only exception might be a very large or very heavy order but, please, do check it out! Our goal is to to make it work for you. Act now to cash that card in for some fine 4-H swag!

The 4-H Alberta Store remains open for emailed and phoned in orders. Find the catalogue along with order forms for merchandise at 4h.ab.ca. Note that there is a separate order form for cookbooks. Email 4habstore@4hab.com or call 1-877-682-2244 or 780-898-3037.

NEW Sports Bag just in! This great bag has multiple pockets and includes a place for shoes, boots or other dirtier items. Only \$30!





Foundation News & Opportunities

Scholarships

4-H Alberta Scholarships

This is a gentle reminder that the 2020 4-H Alberta Scholarship online application will close on May 15, 2020 at 3:00 pm. When completing the application, please carefully read the instructions which can be found in the online application. To access the application, click on the following link:

<https://registration.4hab.com/Login.aspx>

The Elmer and Ona Hansen Memorial Scholarship

The 2020 the Elmer and Ona Hansen Memorial Scholarship application will be available as of May 1, 2020 and additional application information will be posted on the 4-H Alberta and Alberta 4-H Centre websites prior to launching the 2020 application. The following scholarships will be awarded as follows:

- One (1) scholarship in the amount of \$20,000 scholarship;
- One (1) scholarship in the amount of \$15,000 scholarship;
- One (1) scholarship in the amount of \$10,000 scholarship; and
- Seven (7) scholarships valued at \$5,000 each.

The application was posted on the 4-H website on May 1, 2020. The following rules and criteria apply:

- Must be enrolled as a first-year student at an acknowledged post-secondary institution and not have previously started or completed a post-secondary program.
- Must be an Alberta rural farm young person
- Must have graduated from high school, have received his/ her high school diploma, and be no older than 25 years of age. Please attach a copy of your high school transcript to your application form.
- Must need to leave home to pursue a post-secondary education or trade. Please provide proof that you are not living at home, i.e. through a rental or dorm receipt.
- You must submit a photo with your application. Photo must be suitable for publication – a grad picture is ideal. Photocopies or proofs are not suitable. Quality scanned photos are acceptable.
- 4-H experience is not mandatory to qualify for this award.

If you meet these criteria, you are encouraged to start your application come May 1, 2020 and to submit it no later than June 30, 2020.

You are welcome to forward this information to a youth who matches the criteria outlined above and may not have received this information because he/ she is not a 4-H member.

Please feel free to contact Karina Altvater at scholarship@4hab.com if you have any questions or click on the following link to apply: <https://ElmerOnaHansen.4hab.com>.

Club Fundraisers

Thank you to all the Clubs that participated in the Recycling program!

We would like to remind Clubs that collections of tires and electronics have been suspended until 4-H programming has resumed. However, now would be a great time to create some awareness in your communities. Let them know that your 4-H Club participates in Tire and Electronics Recycling! Compile a list of donors so when programming resumes your Club is ready to start Recycling!

Remember you must register your Club each quarter.

The annual highway clean up campaign is being postponed for the month of May due to Covid-19. Should the situation improve in the near future, it is possible that the campaign could take place later this year. We will update you if and when the current situation changes.

If you have any questions or concerns, please contact Tricia Johnston @ 1 877-682-2153 or by email admin@4hab.com.

Sponsor Recognition

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support.

Thank You!!! We could not provide first-class youth programs without your help!

Emerald Clover



Gold Clover



Community Champions Partnership Grant Program

The Foundation is pleased to announce that we received a Community Champions Partnership grant program funded by the Alberta Beverage Container Recycling Corporation! Working with a partner in Lethbridge – Haul-All Equipment Ltd, we will have brand new recycling containers set up throughout the 4-H Centre and the grounds for the recycling collection of beverage containers. We have not been able to set up the containers yet due to all the snow, but here are a few examples of what you can expect to see when visiting the 4-H Centre.





APPLY FOR \$500 FOR YOUR 4-H ALBERTA CLUB



CANADA
4-H Alberta

Like 4-H we believe it's vital to support agricultural skill growth in our youth.

Your 4-H club could be eligible for \$500 toward:

- 1** Opportunities for learning and building career skills
- 2** Tools, supplies and support needed to help your club with volunteer activities

Learn more and apply at your nearest branch or online at:
Mountviewfinancial.com/4H or at **Chinookfinancial.com/4H**

This grant program is run in partnership with 4-H Foundation of Alberta.